

Starting the Conversation

Here are some ideas on how you can have a productive conversation on birth control with your healthcare provider.

Start by asking your doctor how you can determine what birth control method is right for you.

1

Find out the difference between pills that contain estrogen versus those that do not.

2

If you are a breastfeeding mom, woman with high BMI, teenager, or smoker, ask if Slynd is the right fit for you.

3

Learn about what your periods will be like when taking Slynd.

4

Ask about what happens if you miss taking your pill at the scheduled time.

5

Know how to take Slynd if you are switching from another pill.

6

Discuss how soon after taking Slynd you will begin to be protected from becoming pregnant.

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