



Say “Hello” to Slynd[®] (drospirenone) tablets, 4 mg



Starting the Conversation

Here are some ideas on how you can have a productive conversation on birth control with your healthcare provider.

- 1 Start by asking your doctor how you can determine what birth control method is right for you.
- 2 Find out the difference between pills that contain estrogen versus those that do not.
- 3 If you cannot take any estrogen because you are a breastfeeding mother, smoker over 35 years old, have cardiovascular risk, or high BMI, discuss estrogen-free Slynd[®] as an option.
- 4 If you are conscious of the hormones you put in your body and prefer to avoid any unnecessary hormones in your birth control, ask your doctor about estrogen-free Slynd[®].
- 5 Learn about what your periods will be like when taking Slynd[®].
- 6 Learn about how Slynd[®]'s side effect profile compares to combined oral contraceptives.
- 7 Ask about Slynd[®]'s flexible window to catch up on a missed pill.
- 8 Find out what additional benefits the active ingredient in Slynd[®] may offer in reducing fluid retention and addressing skin conditions.
- 9 Know how to take Slynd[®] if you are switching from another pill.
- 10 Discuss how effective Slynd[®] is in preventing pregnancy and how quickly your protection will begin after starting on Slynd[®].

