



**Getting Started with**  
**Slynd**<sup>®</sup>  
(drospirenone) tablets, 4mg

Please see Important Risk Information throughout.

# 1 How to get Slynd®

## How can I save on Slynd®?

You may be eligible for savings on **one- or three-month prescription fills of Slynd®**

ELIGIBLE PATIENTS MAY  
PAY AS LITTLE AS

**\$25** PER 1-MONTH  
OR 3-MONTH  
PRESCRIPTION FILL<sup>a</sup>

3 MONTH FILL MAY COST PATIENT  
\$8.33 PER MONTH

ELIGIBLE PATIENTS MAY  
ALSO ACCESS SAVINGS  
ONLINE OR VIA TEXT<sup>b</sup>



Visit  
SLYND.COM



Text  
SLYND to 31700

<sup>a</sup>Maximum savings limits apply; patient out-of-pocket expense will vary depending on insurance coverage. Offer not valid for patients enrolled in Medicare, Medicaid, or other federal or state healthcare programs. Additional program terms, conditions, and eligibility criteria apply. Visit [slynd.com](https://slynd.com) for details.

<sup>b</sup>Text Slynd® to 31700 to receive your Exeltis Women's Health Savings Card. Message and data rates may apply. Message frequency varies. Text STOP to opt out. Text HELP for help. For Privacy Policy: <https://exeltisusa.com/privacy-policy/>. For SMS Terms: <https://exeltis.online/SMStext>.

**Slynd® does not protect against HIV infection (AIDS) and other sexually transmitted diseases (STDs).**

### What is Slynd?

Slynd® is a birth control pill (oral contraceptive) that is used by females who can become pregnant to prevent pregnancy.

### SLYND® Important Risk Information

The progestin drospirenone may increase potassium levels in your blood. You should not take Slynd® if you have kidney, liver or adrenal disease because this could cause serious heart problems as well as other health problems. Other medicines may also increase potassium levels in your blood. If you are currently on daily, long-term treatment for a chronic health condition with any of the medicines listed below, talk to your healthcare provider about whether Slynd® is right for you. If you take any of the medicines listed below for a chronic health condition you should have a blood test to check the potassium level in your blood before you start taking Slynd® and during the first month that you take SLYND.

## What are some helpful tips when picking up my prescription?

If the pharmacist states the medication is not covered under your insurance or there is an out-of-pocket cost of over \$40 for a 1-month supply and over \$65 for a 3-month supply, ask the pharmacist to run the prescription as "cash-pay" and apply the coupon.

Filling your prescription at a specialty pharmacy offers personalized support, faster access to medications, and assistance with applying copay cards to help lower your out-of-pocket costs.



- medicines to treat fungal infections, such as ketoconazole, itraconazole, or voriconazole
- medicines to treat Human Immunodeficiency Virus (HIV) infection or Hepatitis C infection, such as indinavir or boceprevir
- clarithromycin

### Do not take Slynd® if you:

- have kidney disease or kidney failure.
- have reduced adrenal gland function.
- have or have had cervical cancer or any cancer that is sensitive to female hormones.
- have liver disease, including liver tumors.
- have unexplained vaginal bleeding.

Tell your healthcare providers if you have or have had any of these conditions. Your healthcare provider can suggest a different method of birth control.

**Slynd®**  
(drospirenone) tablets, 4mg

**Please see additional Important Risk Information throughout.**

# 2 Starting on Slynd®

## When should I start taking Slynd®?

**Not on hormonal birth control?** Start Slynd® on Day 1 of your period.

**Switching from another pill?** Start Slynd® the day you'd begin your next pack and then stop taking your old pill.

**Switching from a ring or patch?** Start Slynd® the day you'd insert the next ring or apply the next patch.

**Switching from an implant or injection?** Start Slynd® the day of implant removal or when your next injection is due.

**Switching from an intrauterine device or system (IUD or IUS)?** Start Slynd® the day your device is removed.

Always follow your healthcare provider's guidance on when to start Slynd.

Please see Instructions for Use for additional important information.

## Important Risk Information (cont'd)

**If any of these conditions happen while you are taking SLYND, stop taking Slynd® right away and talk to your healthcare provider. Use non-hormonal contraception when you stop taking SLYND.**

**Before you take SLYND, tell your healthcare provider about all of your medical conditions, including if you:**

- are pregnant or think you may be pregnant.
- have ever had blood clots in your legs (deep vein thrombosis), lungs (pulmonary embolism), or a stroke or heart attack (myocardial infarction).
- have or have had depression.

**Tell your healthcare providers about all the medicines you take** including prescription and over-the-counter medicines, vitamins and herbal supplements, such as St. John's Wort. Slynd® may affect the way other medicines work, and other medicines may affect how well Slynd® works.

## What bleeding patterns should I expect?

An adjustment period during the first three months of using Slynd® is common. You may see changes in your bleeding patterns, over time you may experience lighter bleeding and less days of bleeding.

Irregular vaginal bleeding, especially between menstrual periods, and irregular periods are common side effects of Slynd, but can sometimes be serious.

If you have missed two periods, or symptoms of pregnancy (such as morning sickness or breast tenderness), or changes in your menstrual period (irregular bleeding or spotting), you should call your healthcare provider.



## What are the possible serious side effects of SLYND?

**Slynd® may cause serious side effects, including:**

- **High potassium levels in your blood (hyperkalemia).** Certain medicines and conditions can also increase the potassium levels in your blood. Your healthcare provider may check the potassium levels in your blood before and during treatment with SLYND. **Call your healthcare provider or go to a hospital emergency room right away if you have signs or symptoms of high potassium levels in your blood including:**
  - weakness or numbness in an arm or leg.
  - palpitations (feel like your heart is racing or fluttering) or irregular heartbeat.
  - nausea.
  - vomiting.
  - severe pain in your chest.
  - shortness of breath.

**Slynd®**  
(drospirenone) tablets, 4mg

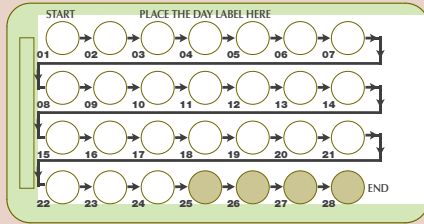
Please see additional Important Risk Information throughout.

# 3 Staying on Schedule

## What is the dosing regimen?

Slynd® has a 24+4 dosing schedule:

**24 active  
hormone pills**  
+  
**4 placebo pills**



24 active hormone pills (white pills) and 4 inactive placebo pills (green pills). You take one pill at the same time each day.

## Important Risk Information (cont'd)

- **Blood clot forming in blood vessels.** Tell your healthcare provider if you have had a blood clot. Tell your healthcare provider if you plan to have surgery or are not able to be active due to illness or injury.  
**Call your healthcare provider or go to a hospital or emergency room right away if you have:**
  - leg pain that will not go away.
  - a sudden, severe headache unlike your usual headaches.
  - sudden, severe shortness of breath.
  - sudden change in vision or blindness.
  - chest pain.
  - weakness or numbness in your arm or leg.
  - trouble speaking.
- **Bone loss.**
- **Cervical Cancer.**
- **Liver problems, including liver tumors.**

## What if I miss taking my pill?

It's important to try to take Slynd® at the same time every day, but if a pill is missed, it should be taken as soon as possible within a 24-hour window, even if that means taking two pills in one day. If the missed pill is taken within 24 hours, no backup contraception is needed.

## If you miss 2 or more white pills, follow these steps:

- Take a pill as soon as you remember. Take the next pill at your regular time. This means you may take 2 pills in 1 day.
- Then continue to take 1 pill every day until you finish the pack.
- Use a non-hormonal birth control method (e.g. condoms) as a back-up if you have sex during the first 7 days after missing your pills.

## If you miss 1 or more green pills:

- You do not need to take 1 or more missed green pills. Take the next green pill at your regular time, every day until you finish the pack.

Please see Instructions for Use for additional important information.

- **Ectopic pregnancy (pregnancy in your tubes).** This is a medical emergency that often requires surgery. If you have severe abdominal pain, call your healthcare provider or go to a hospital emergency room right away.
- **Risk of high blood sugar levels in people with diabetes.**
- **Changes in menstrual bleeding.** Tell your doctor if you have changes in menstrual bleeding.
- **Depression, especially if you have had depression in the past**

## What are the most common side effects of SLYND?

- acne
- headache
- breast pain and tenderness
- weight gain
- menstrual cramps
- nausea
- severe vaginal bleeding
- less sexual desire

**Slynd**  
(drospirenone) tablets, 4mg

Please see additional Important Risk Information throughout.

Inclusive of many  
kinds of bodies



Scan code for more  
information on Slynd®

LET'S LOVE  
EVERY  
BODY

### Important Risk Information (cont'd)

These are not all the possible side effects of SLYND.

This is not all of the important information about SLYND. Read the accompanying full patient leaflet before starting SLYND.

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.**

**Please see Patient Information in pocket for additional Important Risk Information.**

Slynd®  
(drospirenone) tablets, 4mg

Reference. 1. SLYND® package insert.



**Exeltis**  
Rethinking healthcare

Slynd® is a registered trademark of Chemo Research, S.L.  
© 2025 Exeltis USA, Inc. All rights reserved.  
SLY-25-237 R00